USING YOUR COVERAGE: CHOOSING A DOCTOR



A good first step in using your coverage is finding a doctor who is a primary care physician. This person is usually your go-to if you get sick or hurt.

Here are some things to consider when looking for a health care provider:

Do they accept your health insurance plan? Are they in-network? (Seeing an in-network provider helps keep you costs low.)

Is their office in a location that's easy for you to get to?

Do you prefer to see a male or female doctor?

Public Programs:

Your costs for services can be very low or even paid in full, but you must be seen by an in-network provider or be referred to a specialist that is preapproved by your insurance company.

Managing Your Information with PrimeWest Health:

Click: Home - PrimeWest Health

- Create an online account
- Find providers
- Find clinics and hospitals
- Find a dentist
- View benefit and member information
- Access and track your claims

At Community Resource
Connections we can help
you find the correct contact
information so you can
better manage your health
care program!

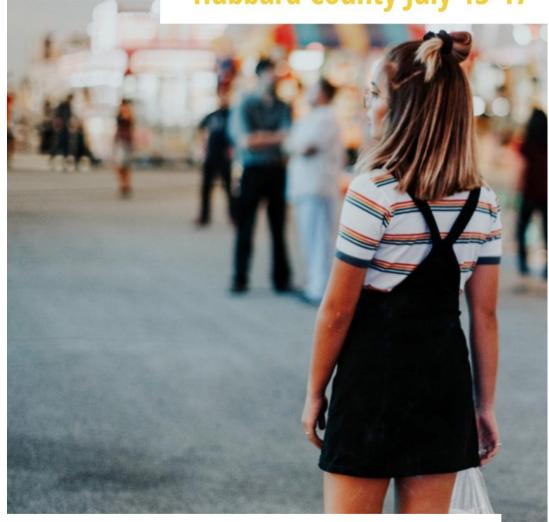
Call: 218-333-0880





Cass County/Pine River June 23 - 26

Hubbard County July 13-17



Clearwater County/Bagley Aug. 3-7

Beltrami County/Bemidji Aug. 10-14



School's Out for Summer

Check out special events happening with partner agencies!

Volunteer with Habitat Restore Inventory on June 27 or 28. Call 218-751-4649 to book your volunteer time slot!

Join the Boys and Girls Club for National Night Out on August 2, 5:30-7:30 pm!

Tiny Tot Fair is August 18! Come to JW Smith 4-7 pm with your little ones!

Bemidji Senior Center is hosting Oodles of Noodles and Yankee Doodle on July 5. Contact Bemidji Senior Center to purchase tickets!

Check out Depot Days June 24 & 25 at Beltrami County History Center!

Find volunteer opportunities here: <u>Browse Volunteer</u>
<u>Opportunities | United Way of Bemidji Area</u>
<u>(unitedwaybemidji.org)</u>

Community Resource Connections 716 Paul Bunyan Dr NW Bemidji, MN 56601

We are here to help! 218-333-0880 www.crcinform.org



Community Resource Connections
Service Access Specialists
Bemidji, MN – 218.333.0880. – www.crcinform.org

To be eligible for Frontline Worker Pay, the applicant:

- must have been employed at least 120 hours in Minnesota in one or more frontline sectors between March 15, 2020, and June 30, 2021.
- for the hours worked during this time period the applicant
 - was not able to telework due to the nature of the individual's work and
 - worked in close proximity to people outside of the individual's household;
- must meet the income requirements for at least one year between Dec. 31, 2019, and Jan. 1, 2022
 - workers with direct COVID-19 patient care responsibilities must have had an adjusted gross income of less than \$350,000 for married taxpayers filing jointly, or less than \$175,000 for other filers and
 - for workers in occupations without direct COVID-19 patient care responsibilities, the adjusted gross income limit is \$185,000 for married taxpayers filing jointly, or \$85,000 for other filers; and
- must not have received an unemployment insurance benefit payment for more than 20 weeks on a cumulative basis for weeks between March 15, 2020, and June 26, 2021 (Minnesota Statutes, section 268.085, subdivision 1, clause 6).

Applications and assistance

The Frontline Worker Pay application is open June 8 through July 22, 2022. Eligible workers will have 45 days to apply for Frontline Worker Pay. Applicant support is available to assist applicants in multiple languages.

Remember, you don't have to be first in line when the application opens. The application will be open for 45 days and the funds **are not** first come, first served. The money set aside for this program will be split equally among all approved applicants **after** the 45-day application period, the 15-day appeals period and the appeals review period.

Information for employers

The Frontline Worker Pay law requires that employers in a frontline sector provide notice by June 23, 2022, in a form approved by the commissioner of the Department of Labor and Industry, advising all current workers who may be eligible for Frontline Worker Pay of the assistance potentially available to them and how to apply for benefits.

Payments

After processing and verification of the applications, as well as a 15-day period for denied applicants to contest those decisions, the final list of eligible applicants will be determined. Each eligible applicant will be provided with an equal payment, not to exceed \$1,500. All applications will move through the process at the same time and payments will be forwarded for processing together.

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