

#### MNSURE OPEN ENROLLMENT STARTS NOVEMBER 1ST!

### Do you need health insurance for you or your family in 2023?

If you do not have health insurance currently or are interested in accessing health insurance through the MNsure Marketplace now is the time to call a MNsure Navigator for help with your application. There is value in having a conversation even if your employer offers insurance.

Community Resource Connections has certified MNsure Navigators who are taking appointments now for open enrollment application assistance. Give us a call at 218-333-0880 to schedule your appointment!

Preparing for a MNsure Application:

MNsure has lots of information available for new and existing consumers at MNsure.org!

In fact, MNsure has organized a list of information and documents to collect to ensure that you are able to answer the application questions. You can find the list here: Be Prepared / MNsure

CRC Navigators know that this process is overwhelming and we are happy to assist you. Reach out with questions about the process or call to schedule an application assistance appointment!

Open Enrollment quick facts:

Open Enrollment starts
Nov. 1<sup>st</sup>!

If you have recently lost health insurance, you may be eligible for a Special Enrollment!

Open Enrollment ends on Jan. 15!

Don't wait until it's too late.

Find more information here:

Open Enrollment Period / MNsure

Call Community
Resource Connections
for assistance:
218-333-0880



EXPANDED APTC CREDITS AND PUBLIC PROGRAM ACCESS

## "Family Glitch" Update

EFFECTIVE 1/1/2023

#### **Calculation Update**

Family coverage will be deemed unaffordable if the cost of the family coverage exceeds 9.12% of the total household income.



#### New

Effective for coverage beginning January 1, 2023, MNsure will calculate affordability based on the full family premium when employer-sponsored coverage is offered to the whole family.

## Completed Appendix A required with the application!



- The employer offering the employer sponsored insurance will fill out this form!
- Print the Appendix A from MNsure.org:
  https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6696D-ENG

CONTACT A CRC MNSURE NAVIGATOR
STARTING NOV. 1 AT 218-333-0880

#### FIND EMERGENCY FOOD SUPPORT

LOCATE A FOOD SHELF IN YOUR AREA HTTPS://HUNGERSOLUTIONS.ORG/FIND-HELP/

## SNAP

Supplemental Nutrition Assistance Program

You can fill out an application online at: MNBenefits.mn.gov

Community Resource Connections Assisters are available to help! Call: 218-333-0880 After applying online, most applicants must complete a phone interview with your county or tribal human service office.

Find out more here: https://mn.gov/dhs/food-emergency



FIND EMERGENCY FOOD SUPPORT FOR LOW-INCOME SENIORS

# **NAPS**

**Nutritional Assistance Program for Seniors** 

Apply at:

Community Resource Connections Northern Beltrami County residents can enroll at the Blackduck Resource Center. Call: 218-835-5768 Blackduck Resource Center Bemidji Food Shelf Evangelical Covenant Church (Bemidji)

**Bagley Senior Center** 

Akelev-Nevis Food Shel

Community Resource Connections 716 Paul Bunyan Dr NW Bemidji, MN 56601 We are here to help! 218-333-0880 www.crcinform.orq

### Overcoming Overwhelm

A powerful 1 hour workshop to help you cultivate resilience in times of stress.



#### Attention Community Resource Connections Directors!

Leah Corcoran of Leah Corcoran Coaching and Training is offering directors of Community Resource Connections' member agencies an opportunity to participate in "Overcoming Overwhelm".

This workshop teaches 10 practical mindfulness and emotional intelligence tools designed to reduce stress, improve performance, enhance creativity, and promote wellbeing.

The minimal fee that Leah is charging for this workshop will be covered by Community Resource Connections as a member agency benefit. It is ONLY open to Directors, as it will be integrated into a Director Networking meeting.

### Friday November 18, 2022 Starting at 8:30 a.m. Location TBA

Directors MUST register with Ruth Sherman by emailing <a href="mailto:rsherman@crcinform.org">rsherman@crcinform.org</a> absolutely no later than November 11th.

There is a limit to the number of participants - so register early!

\*If you would like to provide this workshop to your staff; contact Leah Corcoran at <a href="leah.corcoran.coaching@gmail.com">leah.corcoran.coaching@gmail.com</a> and let her know that you are a CRC member agency. She will offer you a great price and schedule either in person or virtually as you prefer!

Check the CRC website to see if you are a CRC member: www.crcinform.org